

Addressing COVID-19 at Lennoxville Curling Club

- The LCC COVID-19 committee reviewed Curling Canada and Curling Quebec guidelines and has produced this plan to comply with all regulations and to ensure maximum safety for all members.

Key points

- Any person with any COVID-19 symptoms or any person with possible / suspected contact to COVID-19 may not enter the club. You must do a self-check against Public Health pre-screening information **every time** you enter the facility. Please take this seriously as we all want to keep our fellow members safe. If you don't feel well, stay home.
- At most times, only registered members of LCC or their spouse are permitted in the club. Exceptions include certain programs (e.g. Learn to Curl), certain bonspiels, and certain service people.
- Masks must be worn indoors. Masks are not required while playing but you can wear one if you wish.
- Upon entering the club, hands must be immediately sanitized (provided at entry area).
- Upon entering the club, all persons must register for tracking purposes – no exceptions.

Pre-game:

- Arrive already dressed to curl, with the exception of footwear, no earlier than 15 minutes before you are scheduled to go on the ice.
- Due to the very limited space in the coat room, additional coat racks will be available in the club house. Members may also store their coat in a locker if desired. Hands must be again sanitized after handling of your coat and shoes / before returning to the main clubhouse area.
- Distanced seating has been set up on the main floor for the on-board teams to await the start of their game.
- Start times will be staggered to allow maximum distancing and to allow adequate time for preparation of the ice and equipment.
- Please bring your own water if desired; there is no bottled water available in the club or on the ice surface.

Around the club:

- Always be aware of distancing and sanitizing. Sanitizing stations are placed at various places throughout the club.
- Spray sanitizer and paper towels are provided on the distanced tables and bathrooms on both floors. While our volunteers will be cleaning all touch surfaces frequently, there is no such thing as being too safe so members should also sanitize their own seat and table area before use.

During Play:

- Club equipment (brooms, stabilizers, sticks) will not be available. Seasonal rental will be available, but best practice would be to purchase the equipment you need.
- Move only your own stones into the hack for delivery, and don't switch stones during the game.
- Follow the in-ice markers on where to stand on the ice. Following these rules ensures that all players remain correctly distanced at all times. See the diagram below.
- One sweeper only on all delivered stones. Sweeping can continue until the rock stops.
- No relaying (second sweeper taking over halfway down the sheet).
- The person in charge of the house is not allowed to sweep under any circumstances.
- The skip of the non-delivering team is not allowed to sweep the opposition stone behind the tee-line.
- When determining skip's throw, thirds should stay on their designated spot until the skip leaves the house. If the third and skip wish to consult on the throw, masks **must** be worn by both players.
- Measuring equipment has been removed. Thirds will determine rocks counting.
- When the end is finished, the second from each team moves the rocks into the ready area with their foot or broom, allowing the lead to prepare to throw their rock.

After the Game:

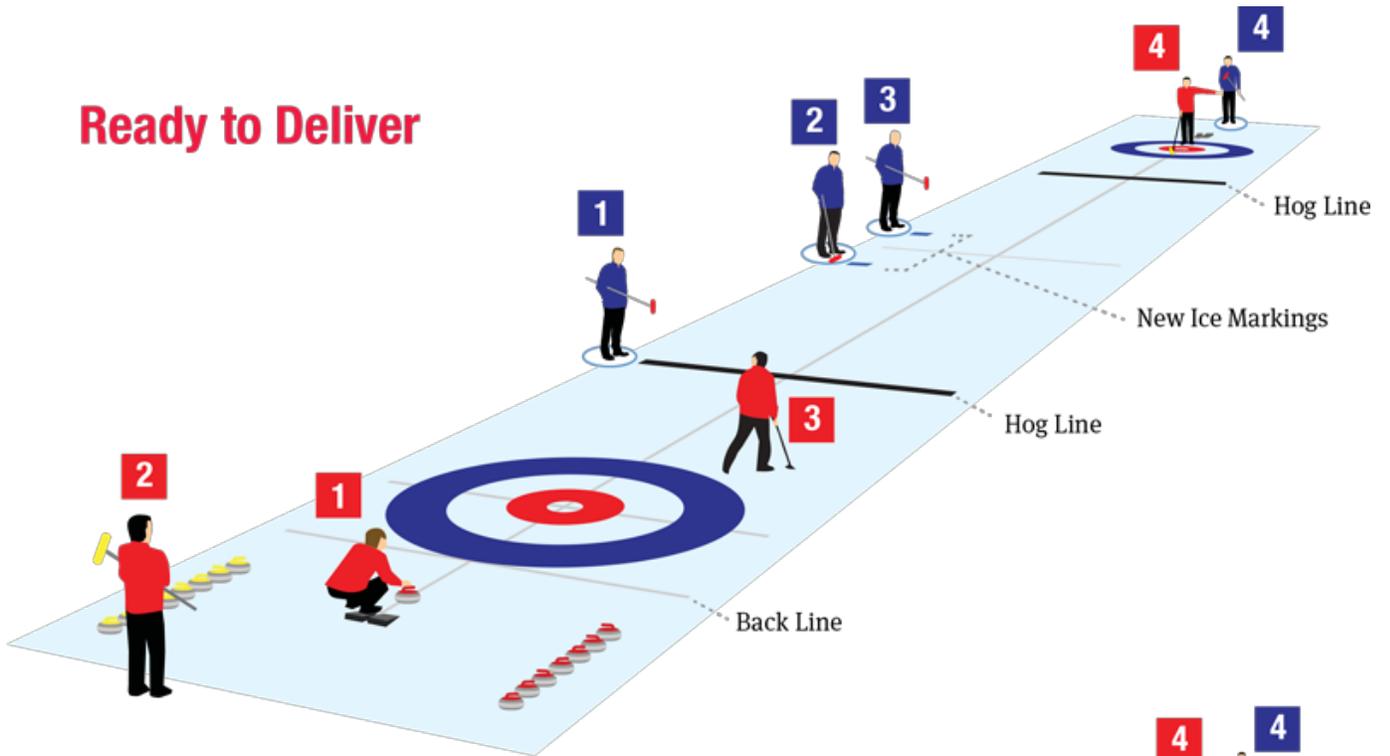
- When the game is finished, the assigned team player moves the rocks into the ready area, with their foot or broom, and sanitizes that team's rock handles.
- Wear your mask to exit the ice surface. Be aware of other games that may still be in progress, and leave when the path to the door is clear.
- For players that wish to socialize after the game, two tables with distanced seating (maximum of 8 people per table) have been set up on the second floor for the teams leaving the ice. Payment by debit or credit card is encouraged.

On the ice:

Non-delivering team (blue in image below): The sweepers (**blue 2, 3**) of the non-delivering team should be on these markings while the other team is throwing. The player of the non-delivering team whose turn it is next to deliver (**blue 1**) should be at the hogline on the same side as the two sweepers. The Skip (or Vice-Skip) (**blue 4**) will stand on the backboards but no closer than the hack. **Delivering team (red in image below):** The Skip (**red 4**) has control of the house. The player whose turn it is to deliver (**red 1**) is in the hack. The non-sweeping player (**red 2**) is on the backboards. The sweeping player (**red 3**) is at the T-Line. Once the stone has been released, the player who delivered the stone proceeds down the centre line of the ice until the halfway point or to the marking or to the hog line if it is their turn next. After the stone comes to

rest, the sweeper proceeds to the halfway markings. The non-sweeper travels to the halfway mark or the hog line depending on their turn to deliver or not.

Ready to Deliver



Stone is Delivered

